

Signs of substance use disorder

- Insomnia
- Rapid weight gain or loss
- Frequent anger
- Tremors
- Dilated pupils
- Inappropriate laughter
- Hyperactivity
- Runny nose
- Deception
- Fatigue

About Seabrook

Seabrook has been a pioneer in the industry of rehabilitation for those suffering from alcohol and drug addiction, and co-occurring disorder treatment for over 44 years.

We offer a full continuum of care and specialty programs including opiate detox, prescription medication and opiate addiction treatment, men's and women's extended care, family treatment, Medication Assisted Treatment (MAT), and holistic treatment. Our board-certified, multi-disciplined medical team oversees all treatment programs.

seabrook®

the heart of recovery

**If you are
a NURSE or
know a NURSE
suffering from
addiction**

**We Can
Help**



seabrook®

the heart of recovery

800.761.7575

800.761.7575

seabrook.org

800.761.7575



the heart of recovery

Did you know:

The American Nurses Association (ANA) estimates that as many as 8% of nurses have an alcohol or drug substance use disorder?

Seabrook has a substance use disorder treatment and recovery program developed by nurses to embrace and treat nurses.

Completely Confidential

We Can Help You to take steps to receive treatment, protect your career, and return to safe practice.

Our experienced nurse navigators will support every step of your treatment and recovery journey.

Get to the heart of your recovery today.

Visit **seabrook.org**
or call **800.761.7575**

Seabrook offers the following to nurses seeking treatment:

- Expedited evaluation and admission process for nurses
- Assigned Nurse Recovery Coordinator (RN familiar with Alternative to Discipline process)
- Assistance with license shielding paperwork
- Education and guidance related to monitoring requirements
- Facilitate ongoing evaluation and documentation
- Disability/FMLA guidance
- Nurses participate in general community for therapy and recovery treatment
- Assigned therapists are trained in the unique challenges licensed Health Care Professionals (HCP) face
- Sensitive to shame and guilt issue
- Nurse Recovery Coordinator maintains contact with patients throughout inpatient treatment
- IOP/OP Programs
- HCP familiar therapists
- Nurse Recovery Coordinator remains involved after treatment
- Return to work guidance
- General questions/support resource

