

seabrook[®]
the heart of recovery

Seabrook is a renowned, non-profit, CARF-accredited alcohol and drug addiction and co-occurring disorder treatment provider.

Founded in 1974 by Jerry and Peg Diehl to help families recover from the ravages of alcoholism and drug addiction, Seabrook has grown to include several locations providing a variety of evidence-based treatment options.

Our multi-disciplined medical team oversees all treatment programs, and is board-certified in addiction medicine, addiction psychiatry, and family practice, along with other specialties.

At its heart, Seabrook is, and will remain, a labor of love.

Much of our staff is in recovery, offering a personal connection with every patient. It is a special thing, to be helped by people who know exactly what early recovery feels like, and to be reminded every day that recovery is possible.



800.761.7575
seabrook.org

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is

life, restored

SERVICES:

- Withdrawal Management (Alcohol and Opiate Detox)
- Men's Residential Treatment
- Women's Residential Treatment
- Partial Hospitalization (PHP) Treatment / Partial Care
- Intensive Outpatient (IOP) Treatment
- Men's Extended Care
- Women's Extended Care
- Medication Assisted Treatment (MAT)
- Family Matrix Program
- Holistic Treatment Options

seabrook®



LOCATIONS:

133 Polk Ln.
Bridgeton, NJ 08302
856.455.7575
F: 856.453.1022

1930 Marlton Pike East (Route 70),
Suite O-77
Cherry Hill, NJ 08003
856.663.0010
F: 856.375.2000

2111 New Road, Suite 101
Northfield, NJ 08225
609.415.0999
F: 609.241.6699

101 Madison Ave., Suite 205
Morristown, NJ 07960
973.946.8200
F: 973.795.2229

21 White St.
Shrewsbury, NJ 07702
732.889.3900
F: 732.414.7970



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Extended Care Treatment

WOMEN'S EXTENDED CARE MEN'S EXTENDED CARE

Women's and Men's Extended Care Treatment programs offer people with alcohol and drug addictions and co-occurring disorders an opportunity to really secure the tools they need to grow into a healthy, secure recovery.

Extended Care is recommended for people who have been through multiple treatments, licensed professionals, executives, and those who have problems with relapse. Minimum stay is 90 days, but 6 to 12 months is recommended.

This program is available to men and women who have completed a 30-day detox and primary treatment program. Treatment includes individual and group therapy, physical, emotional, and spiritual wellness programs, and a variety of holistic therapies.



Medication Assisted Treatment (MAT)

Seabrook prides itself on remaining on the leading edge of addiction treatment. Opiate addiction often requires a non-traditional, medication-based approach. Our Buprenorphine MAT program is overseen by a medical team that is board certified in addiction medicine, addiction psychiatry, family practice, and other specialties. MAT can be completed on an inpatient or outpatient basis.





Withdrawal Management (Alcohol and Opiate Detox)

Individualized care begins with an assessment of need. People who require withdrawal management are cared for in our medically-monitored main campus facility. Seabrook physicians, nurses, and therapists make the detox process as comfortable as possible, including holistic therapies like acupuncture and massage.



Inpatient Treatment

MEN'S RESIDENTIAL TREATMENT AND WOMEN'S RESIDENTIAL TREATMENT

Seabrook provides gender-specific, inpatient treatment for the physical, emotional, and spiritual illness that is addiction. Our structured, 30-day program includes individual and group therapy, along with individualized treatment options based on need.



Outpatient Services

Outpatient treatment can be a critical building block following inpatient or extended treatment. For others, it is the entry point to recovery. Care managers work with each patient to design a treatment plan specific to their needs.

PARTIAL HOSPITALIZATION (PHP) TREATMENT / PARTIAL CARE

Four days a week for five hours a day. This includes individual and group counseling and one meal per day.

INTENSIVE OUTPATIENT (IOP)

Four days a week with four 3-hour group sessions, one individual counseling session, and monthly family/ outside provider contacts.

INDIVIDUAL & FAMILY COUNSELING

One 1-hour session with a therapist each week.

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